

REGISTER FOR ALL EVENTS HERE:

(Please fill-out form completely and clearly)

Last Name: _____

First Name: _____

Mailing Address: _____

Apt No: _____

Telephone: _____

E-mail Address: _____

City: _____

State: _____ Zip: _____

Age on October 11th 2009: _____ Birth Date: _____

Sex: Male Female

T-Shirt Size: (check one)

Youth: S M L

Adult: S M L XL XXL

I Plan to participate in the: (Mark all that apply)

25 yd dash 50 yd dash

75 yd dash 5K Run

Post-Race Party

Have you run in the race before? (Mark one)

Yes No

Please MAKE ALL CHECKS or MONEY ORDERS

payable to:

St. Stan's Athletic League.

Please send completed applications and payment to:
Get to the 'Point! 607 Humboldt St. Brooklyn, NY 11222

**"It's a fun event
that the whole
family will enjoy!"**



**"You don't want
to miss this Race!"**

**For more information call Race Director
Frank P. Carbone at 718-963-2569**

COURSE

A challenging, scenic route through Greenpoint.
Water stations & splits available at all mile markers.



DIRECTIONS TO ST STAN'S

Get to the 'Point! is hosted by St. Stan's Parish, which is conveniently located in the Greenpoint section of North Brooklyn. St. Stan's School is easily accessible by car and subway. There is ample and safe parking available throughout the area.

BY CAR:

From Brooklyn, S. I., and N.J. — Take the BQE east to exit 33, (McGuinness Blvd). Follow McGuinness to Engert Ave., then make series of left turns to Driggs Ave. Continue 1 block to St. Stan's.

From Queens / Long Island — Take the BQE west to exit 34, (Meeker Ave.). Bear right on Meeker to Driggs Ave. Follow Driggs 8 blocks to St. Stan's.

From Manhattan — Take 59th St. Bridge to Pulaski Bridge to McGuinness Blvd. to Driggs Ave. Or take the Williamsburgh Bridge to BQE east to exit 33 (McGuinness).

BY SUBWAY:

From Brooklyn / Queens — Take "G" train to Nassau Ave. Walk 1 block south on Manhattan Ave., then east on Driggs Ave. for 6 blocks to St. Stan's (5 minute walk).

From Manhattan — Take "L" train to Bedford Ave. Exit on Driggs Ave. side — Walk along Driggs past McCarrren Park to St. Stan's (10 minute walk).

ST. STAN'S ATHLETIC LEAGUE

Presents:

ST. STAN'S ATHLETIC LEAGUE

**GET TO THE
'POINT!™
5K RUN**

OCTOBER 11, 2009

SUNDAY (RAIN OR SHINE)
OCTOBER 11TH 2009

Children's Dashes @10:30am

5K Run @1:00pm

Awards & Party @2:00pm

Title
Sponsor:

**St. Joseph's
College**
NEW YORK



Visit us at:

www.GetToThePoint5K.com

FROM THE RACE DIRECTOR:

The St. Stan's Athletic League is proud to be the driving force behind the creation, production and development of the "Get to the 'Point" 5K Run.

Over the past 16 years, our wonderful event has truly grown and developed to become one of the most popular, fun, family-oriented race events held in the metropolitan area each year. Whether you are a serious runner looking for a challenging course with tough competition or just want to come out and walk the course with friends and enjoy the fun, food, and festivities, we have something for everyone! Past events have attracted over 600 participants from the five Boroughs, Long Island, New Jersey and even Connecticut. Keep in mind that all proceeds of the event are used to benefit the sports programs produced by the St. Stan's Athletic League, which provides quality athletic activities to over 400 children on an annual basis.

We thank you again for your interest in our event and we look forward to seeing you for the sixteenth edition of **Get to the 'Point!** on **Sunday, October 11th!**

Special Thanks To Our
Title Sponsor:



EVENT SCHEDULE:

10:30^{AM} 25, 50, 75 YARD DASHES

1:00^{PM} 5K RUN

2:00^{PM} AWARDS PRESENTATION & POST-RACE PARTY

Register On-Line!

www.GetToThePoint5K.com

REGISTRATION — ON LINE

Simply click on
www.gettothepoint5k.com
to register today!

Save time and follow the easy step-by-step process to register on line. For your convenience, there is even an option to pay by credit card. All on-line registrants for the dashes and 5K run will receive the special event T-shirt along with admission to the Post-Race Party.

Deadline for on-line registration is October 9th, 2009

REGISTRATION — BY MAIL

Mail-in registration for the 5K run is **\$15**.

Mail-in registration for the children's dashes is **\$10**.

Mail-in registration for children who compete in both the dashes and 5K run is **\$20**.

All mail-in registrants for the dashes, 5K run will receive the special event t-shirt & admission to the Post-Race party.

Deadline for mail-in registration is October 9th, 2009

REGISTRATION — RACE DAY

Race day registration for the 5K run is **\$20**.

Race day registration for the children's dashes is **\$15**.

All race day registrants for the dashes, 5K run will receive admission to the Post-Race Party, **but t-shirts will only be available while supplies last.**



ELIGIBILITY

5K Run (3.1 miles) is open to Runners, Joggers and Walkers of any age.

25 Yard Dash is open to children aged 2-5.

50 Yard Dash is open to children aged 6-9.

75 Yard Dash is open to children aged 10-12.

PRIZES

5K Run: Overall Male/Female winner, plus top 3 Male/Female finishers in each age group will receive trophies.

Male & Female Age Groups:

13 and under, 13-19, 20-29,
30-39, 40-49, 50-59, 60+

25, 50 & 75 Yard Dashes:

Top three Male and Female finishers in each age group will receive special medallions.

Male & Female Age Groups:

25 Yard Dash: 2, 3, 4 and 5.
50 Yard Dash: 6, 7, 8 and 9.
75 Yard Dash: 10, 11 and 12.



CHECK-IN

All runners must check in at the **St. Stan's Schoolyard**, 10 Newel St., where they can pick-up their official race number and T-shirt.

Dash Entrants: Check-in by 10:00 a.m.

5K Entrants: Check-in by 12:30 p.m.

POST-RACE PARTY

The Post-Race Party will begin at the St. Stan's School Hall immediately upon the conclusion of the Awards Ceremony.

Food and refreshments will be available for all runners, volunteers and sponsors FREE of charge.

Non-Entrants Cover Charge is \$10.00. (T-Shirt not included)

OFFICIAL REGISTRATION FORM

This form must be used when you register by-mail or in-person. A special form is available for those who complete the on-line registration.

Please **MAKE ALL CHECKS** or **MONEY ORDERS** payable to: **St. Stan's Athletic League.**

Please send completed applications and payment to: Get to the 'Point! 607 Humboldt St. Brooklyn, NY 11222

Have Questions?
Would you like to Volunteer or help Sponsor the event?

Call Race Director Frank P. Carbone at 718-963-2569 or send an e-mail to fpc@ststansal.org

Visit our website for all 5K event updates, past race results and great action photos.

WWW.GETTOTHEPOINT5K.COM

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I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting application, I for myself and anyone entitled to act on my behalf, waive and release the St. Stan's Athletic League and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, or any other record of this event for any legitimate purpose.

SIGNATURE: (Parent's Signature if under 18 years old.)

DATE: